

SAUDI GASTROENTEROLOGY ASSOCIATION

IBD Masterclass 2026

11-12 September 2026 · Crowne Plaza Riyadh RDC · 20 SCFHS CME hours

Programme overview

The IBD Masterclass is the Saudi Gastroenterology Association's dedicated meeting on inflammatory bowel disease. The 2026 edition, held at Crowne Plaza Riyadh RDC on 11–12 September, brings together international and regional IBD experts, gastroenterologists, colorectal surgeons, IBD nurses, dietitians, and trainees. Across two days of lectures, tandem talks, and case-based panel discussions, the programme covers advanced therapies and positioning, biosimilars, JAK inhibitors, stricture management, nutritional therapy, functional overlap, clinical trials in the Middle East, IBD in pregnancy, upper GI Crohn's disease, transition of care, IBD MDT models, and intestinal ultrasound (IUS).

Day 1 — Friday, 11 September 2026

Session 1

Chair(s): Prof. Nahla Azzam · Dr. Ahmed Al Fadhli · Dr. Mohammad Khan · Dr. Khalid Al Aji

Time	Session	Faculty
13:00–13:20	Anti-TNF Therapy in 2026: Still Foundational or Fading Frontier?	Dr. Othman Al Harbi
13:20–13:40	Navigating the IL-12/23 and IL-23 Pathways: When, Why, and How to Choose	Dr. Abdulelah Al Mutairdi
13:40–14:00	JAK Inhibitors in IBD: Selective or Non-Selective — Rationale and Clinical Application	Prof. Ala' Sharara
14:00–14:20	Biosimilars: Replacement Strategy or Complementary Option	Dr. Mashary Attamimi
14:20–14:40	Q&A;	-
14:40–15:10	Industry Symposium	-
15:10–15:30	Break	-

Session 2

Chair(s): Prof. Yousef Qari · Dr. Nabbel Quraishi · Dr. Ahmad Al Darmki

Time	Session	Faculty
15:30–15:50	Strategic Therapeutic Selection in IBD — From Evidence to Personalised Care	Prof. Peter Irving
15:50–16:20	Tandem Talk: Stricture Management in IBD — Surgery, Endoscopy, or Optimised Medical Therapy?	Dr. Humoud Al Ghamdi · Dr. Noorah Al Hassan
16:20–16:30	Q&A;	-
16:30–17:00	Industry Symposium	-
17:00–17:40	Case Presentation & Panel Discussion: Integrating Nutritional Therapy into IBD Care — Evidence, Experience, and Practice	Dr. Lisa Sharkey · Prof. Peter Irving · Prof. Ala' Sharara · Dr. Bashaar Al Ibrahim
17:40–18:10	Break	-
18:10–18:40	Industry Symposium	-
18:40–19:10	Case Presentation & Panel Discussion: Is It Truly IBD? Diagnostic Dilemmas and Mimickers in Clinical Practice	Dr. Maan Al Khattabi · Dr. Kristina · Dr. Meshaal Shwaiar · Dr. Fatimah Al Alawi
19:30	Dinner	-

Day 2 — Saturday, 12 September 2026

Session 3

Chair(s): Dr. Omar Saadah · Dr. Hussain Al Amin · Dr. Mohammad Al Ahmari · Dr. Mohamed Khorshid

Time	Session	Faculty
08:30–08:50	Clinical Trials 2026: Innovations Shaping the Next Era	Dr. Turki Al Ameer
08:50–09:10	My Patient Failing Treatment: Turning Setbacks into Success	Dr. Badr Al Bawardy
09:10–09:40	Tandem Talk: IBD MDT & Surgical Joint Clinic — Coordinated Care That Works	Dr. Eman Al Sulais · Dr. Faisal Al Rashed
09:40–10:00	Transitioning Youth to Adult IBD Care: Models for Continuity and Empowerment	Dr. Mariam Mokhtar
10:00–10:15	Q&A;	-
10:15–10:35	Break	-

Session 4

Chair(s): Prof. Majid Al Madi · Dr. Mohammad Malik · Dr. Mohamed Al Sulimi

Time	Session	Faculty
10:35–10:55	Functional Overlap in IBD: Recognition, Differentiation, and Management	Dr. Dimah Al Askar
10:55–11:25	Tandem Talk: Clinical Trials and Real-world IBD Research in the Middle East — Limitations, Lessons and the Road Ahead	Prof. Mahmoud Mosli · Dr. Mohammad Shehab
11:25–11:55	State of the Art: Translating Innovation into the Future of IBD Care	Prof. Peter Irving
11:55–12:10	Q&A;	-
12:10–12:40	Industry Symposium	-
12:40–13:20	Lunch Break	-

Session 5

Chair(s): Dr. Heba Al Farhan · Dr. Yaser Meeralam

Time	Session	Faculty
13:20–13:40	IUS Talk — Intestinal Ultrasound in IBD	-
13:40–14:20	Case Presentation & Panel Discussion: IBD in Pregnancy — Optimising Pre-Conception, Gestational, and Post-Partum Outcomes	Dr. Sara Al Ouli · Dr. Kristina · Dr. Lisa Sharkey · Dr. Mansour Al Tuwajiri
14:20–15:00	Case Presentation & Panel Discussion: Upper GI Crohn's Disease — Clinical Challenges and Management	Dr. Shalaan Al Aklabi · Prof. Peter Irving · Prof. Ala' Sharara · Dr. Faisal Al Rashed
15:00	Closing Remarks	-

Pre-conference workshop · Hands-On IBD Research Workshop 2026

From Local Question to Evidence Generation

Friday, 11 September 2026 · 9:00 AM – 12:00 PM · Limited to 40 participants

Workshop schedule

Time	Session	Faculty
09:00 – 09:25	Why local IBD research matters: closing the evidence gap	Prof. Majid Al Madi
09:25 – 09:50	Building a sustainable and optimised local IBD registry for evidence generation	Prof. Mahmoud Mosli
09:50 – 10:15	Generating real-world evidence in IBD: from question to publication	Dr. Nabil Quraishi
10:15 – 10:45	Systematic review, meta-analysis and network meta-analysis in IBD	Dr. Mohamed Shehab
10:45 – 11:00	Break	-
11:00 – 11:55	Hands-on workshop: design your local IBD study	Mentor-led small groups
11:55 – 12:00	Closing remarks	-

Registration + full delegate details: www.saudigastro.com/ibd-masterclass

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